



*South African Institute for  
Drug-Free Sport*



***International Standard for Testing: RTP***  
**Implementation Strategy**  
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## *Steps towards Implementation*

- *Adapting the national anti-doping rules to comply fully with the 2009 Code*
- *South African Institute for Drug-Free Sport (SAIDS) officially adopts new anti-doping rules in December 2008*
- *WADA sends official correspondence acknowledging SAIDS anti-doping rules and certifies the rules to be in compliance with the 2009 Code.*
- *Communicating new rules to national federations and athletes*
  - Roles and responsibilities
  - What is an RTP?
  - National Anti-Doping Seminar





- **National RTP**
  - What is our resource capacity?
  - How many athletes in the RTP
  - Anti-doping risk profile
  - Selection
    - Olympic Excellence Program
    - Paralympic Medalists
    - 2 team sports (Rugby Union, Sevens Rugby)
  - Deadline
  - Informing athletes
  - Six month review
    - Feedback from athletes
    - Process improvements





## Challenges to RTP

- Agency adoption and proficiency with ADAMS
- Lack of understanding and/or lack of will on anti-doping responsibilities of national sports bodies
  - High level of anti-doping literacy of internationally competitive athletes
  - Enthusiasm for RTP program
- Resource intensive
- Negative media publicity on whereabouts
  - Athletes anxiety about whereabouts submission





## *Managing the Anxiety over Whereabouts*

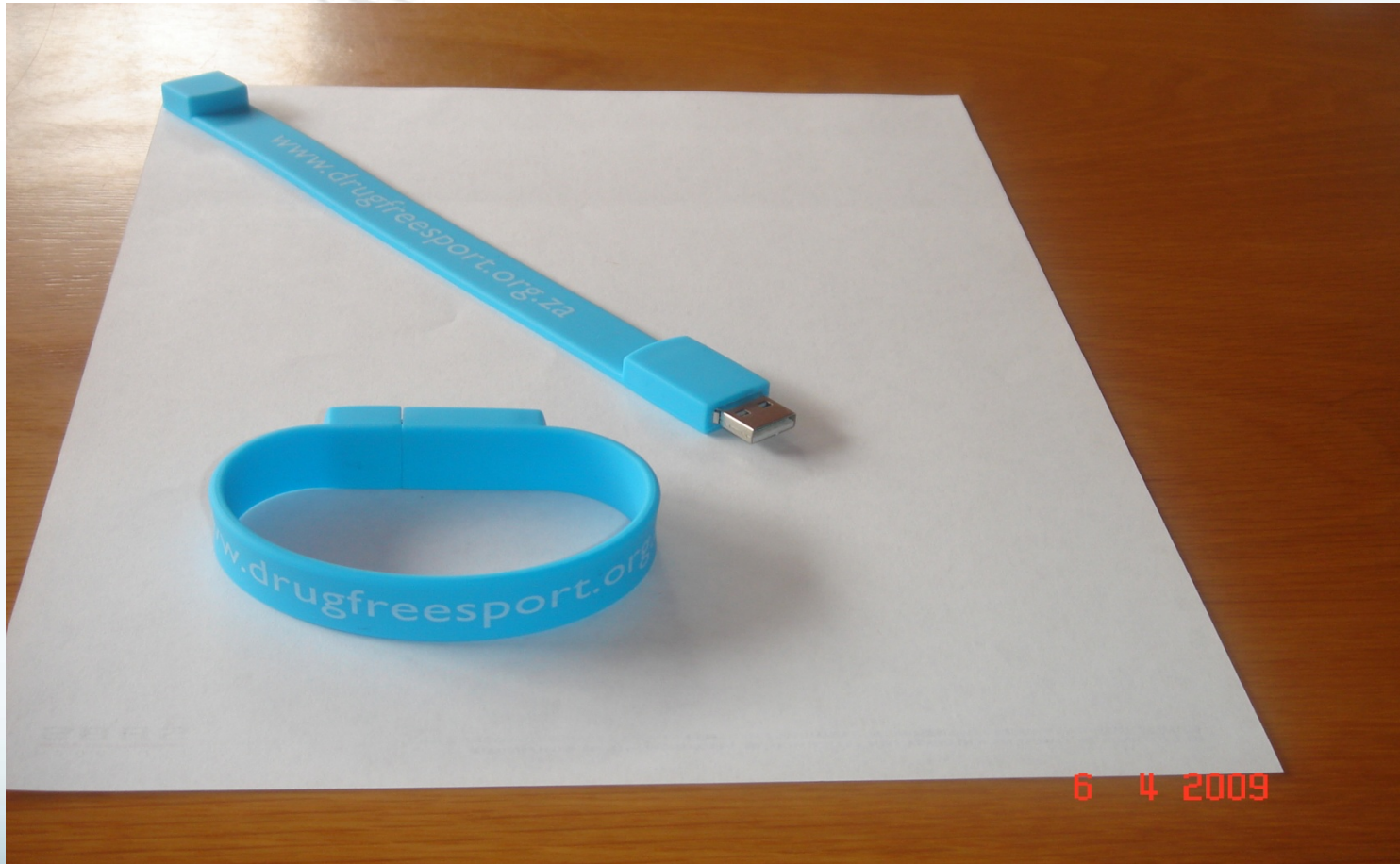
- **One-on-one athlete seminars**
  - Interactive ADAMS demo
  - Peculiarities of SA environment that may affect whereabouts information
    - High speed internet capacity
    - SMS notification (ADAMS and SAIDS)
    - notes section in ADAMS
    - Upload file
  - The “dreaded” one hour window
  - Can we make the submission easier for athletes?
    - Manual submission directly to office
    - Additional administrative burden



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*"Everything you need to know, but were afraid to ask"*





## Drug-Free Sport Wristband

- *Seminar presentations*
- *International Standards*
  - IST
  - TUE
- *Q&A's*
  - Whereabouts
  - TUE
  - ADAMS
- *TUE*
  - Requirements/documentation
  - Application form
- *SAIDS*
  - Contact details
  - Other forms
  - Memory capacity = 1Gig, only 2% used





## *Evaluating our RTP administration*

- Internal process for regular audit of whereabouts submissions
  - No full-time administrator
- Percent of filing failures
- Feedback from athletes and DCOs
- Process improvements



